

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | |
|----------------------------------|--|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|---------------------------|---|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Orange, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00501-2; Case (250 count) 208-52661-00501-6; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Raspberry, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00598-2; Case (250 count) UPC 008-52661-00598-2; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Sour Lemon, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00506-7; Case (250 count) 208-52661-00506-5; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Sour Peach, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00502-9; Case (250 count) 208-52661-00502-3; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Sour Pineapple, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00507-4; Case (250 count) 208-52661-00507-8; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Sour Watermelon, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00599-9; Case (250 count) UPC 008-52661-00599-9; 100% fruit and exempt for sugars standards. | 1/17/24 | X | X | |
| Amazing Fruit Products - US, LLC | Amazin' Raisin, Flavor Infused Strawberry, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 22 | 59.7% | yes | yes | yes | Thurston | UPC 8-52661-00503-6; Case (250 count) 208-52661-00503-0; 100% fruit and exempt for sugars standards. | 7/31/15 | X | X | |
| Azar Nut Company | Power Snack Raisins, 1.3 oz bag | 1.3 | 37 | FG | 110 | 0.00 | 0.0% | 0.00 | 0.0% | 7 | 2 | 22 | 59.7% | yes | yes | yes | AJ Letizio | Case (144 count) UPC 100-76500-72255-8. 100% fruit and exempt for sugars standards. | 9/1/23 | X | X | |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, Chili Citrus, 0.75 oz bag | 0.75 | 21 | FG | 90 | 2 | 20.0% | 0 | 0.0% | 105 | 8 | 0 | 0.0% | yes | yes | yes | Creative Food Innovations | Item 03-CF144; UPC 8-55270-005091; Case (250 count) | 12/22/23 | X | X | X |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, Cool Ranch, 0.75 oz bag | 0.75 | 21 | FG | 90 | 2 | 20.0% | 0 | 0.0% | 105 | 8 | 0 | 0.0% | yes | yes | yes | Creative Food Innovations | Item 03-CF142; UPC 8-55270-00506-0; Case (250 count) UPC 108-55270-00506-7 | 12/22/23 | X | X | X |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 0.75 oz bag | 0.75 | 21 | FG | 90 | 2 | 20.0% | 0 | 0.0% | 100 | 8 | 0 | 0.0% | yes | yes | yes | Creative Food Innovations | Item 03-CF212; UPC 8-55270-00510-7; Case (250 count) UPC 108-55270-00510-4 | 12/22/23 | X | X | X |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | |
|---------------------------|---|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|---------------------------|--|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 1.5 oz bag | 1.5 | 43 | FG | 180 | 4 | 20.0% | 0 | 0.0% | 200 | 16 | 1 | 2.4% | yes | yes | yes | Creative Food Innovations | Item 03-CF213; UPC 8-55270-00516-9; Case (125 count) UPC 108-55270-00516-6 | 12/22/23 | X | X | X |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, Lightly Salted, 0.75 oz bag | 0.75 | 21 | FG | 90 | 2 | 20.0% | 0 | 0.0% | 130 | 8 | 0 | 0.0% | yes | yes | yes | Creative Food Innovations | Item 03-CF141; UPC 8-55270-00505-3; Case (250 count) UPC 108-55270-00505-0 | 12/22/23 | X | X | X |
| Creative Food Innovations | Go'Bonzo's Roasted & Seasoned Chickpeas, Spicy Nacho, 0.75 oz bag | 0.75 | 21 | FG | 90 | 2 | 20.0% | 0 | 0.0% | 105 | 8 | 0 | 0.0% | yes | yes | yes | Creative Food Innovations | Item 03-CF143 (250/0.75 oz); Case UPC 108-55270-00507-4 | 12/22/23 | X | X | X |
| Dole | Dole 4 oz plastic cup, Diced Pears in 100% Juice | 4 | 113 | FG | 70 | 0.0 | 0.0% | 0.0 | 0.0% | 0 | 3 | 13 | 11.5% | yes | yes | yes | Superior Vending | Item 03019; Case (36 count) UPC 100-38900-03019-0 | 1/4/24 | X | X | X |
| Dole | Dole 4 oz plastic cup, Diced Peaches in 100% Juice | 4 | 113 | FG | 60 | 0.0 | 0.0% | 0.0 | 0.0% | 0 | 1 | 12 | 10.6% | yes | yes | yes | Superior Vending | Item 03073; Case (36 count) UPC 100-38900-03073-2 | 1/4/24 | X | X | |
| Dole | Dole 4 oz plastic cup, Mandarin Oranges in 100% juice | 4 | 113 | FG | 70 | 0.0 | 0.0% | 0.0 | 0.0% | 0 | 1 | 14 | 12.3% | yes | yes | yes | BBI Inc, Vistar | Item 04208; Case UPC 0-38900-04226-4; Case (36 count) UPC 100-38900-04208-7 | 1/4/24 | X | X | |
| Dole | Dole 4 oz plastic cup, Mixed Fruit in 100% Juice | 4 | 113 | FG | 80 | 0.0 | 0.0% | 0.0 | 0.0% | 5 | 1 | 19 | 16.8% | yes | yes | yes | BBI Inc, Vistar | Item 3044; Case UPC 100-38900-03065-7. 100% fruit and juice and exempt for sugars standards. | 7/26/13 | X | X | |
| Dole | Dole 4 oz plastic cup, Pineapple Paradise Pineapple Tidbits in 100% Juice | 4 | 113 | FG | 60 | 0.0 | 0.0% | 0.0 | 0.0% | 0 | 1 | 14 | 12.3% | yes | yes | yes | BBI Inc, Vistar | Item 00419; Case (36 cont) UPC 100-38900-00419-1 | 1/4/24 | X | X | |
| Dole | Dole 4 oz plastic cup, Tropical Fruit in 100% Juice | 4 | 113 | FG | 60 | 0.0 | 0.0% | 0.0 | 0.0% | 5 | 1 | 13 | 11.5% | yes | yes | yes | BBI Inc, Vistar | Item 03048; Case UPC 38900-03048; Case (36 count) UPC 100-38900-03048-0 | 1/4/24 | X | X | |
| Dole | Dole 7 oz plastic cup, Mandarin Oranges in 100% juice | 7 | 198 | FG | 120 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 25 | 12.6% | yes | yes | yes | BBI Inc, Vistar | Item 74206; UPC 0-38900-74206-5; Case (12 count) 100-38900-74206-2. 100% fruit and exempt for sugars standards. | 1/4/24 | X | X | |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | |
|---------------|---|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|----------------------|--|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Dole | Dole 7 oz plastic cup, Mixed Fruit in 100% Juice | 7 | 198 | FG | 120 | 0.0 | 0.0% | 0.0 | 0.0% | 5 | 3 | 23 | 11.6% | yes | yes | yes | BBI Inc, Vistar | Item 71924; UPC 0-38900-71924-1; Case (12 count) UPC 100-38900-71924-8. 100% fruit and exempt for sugars standards. | 1/4/24 | X | X | X |
| Dole | Dole 7 oz plastic cup, Sliced Peaches in 100% Juice | 7 | 198 | FG | 100 | 0.0 | 0.0% | 0.0 | 0.0% | 5 | 2 | 22 | 11.1% | yes | yes | yes | BBI Inc, Vistar | Item 71966; UPC 0-38900-71966-1; Case (12 count) UPC 100-38900-71966-8. 100% fruit and exempt for sugars standards. | 1/4/24 | X | X | |
| Dole | Dole 7 oz plastic cup, Tropical Fruit in 100% Juice | 7 | 198 | FG | 110 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 24 | 12.1% | yes | yes | yes | BBI Inc, Vistar | Item 79088; UPC 0-38900-79088-2; Case (12 count) UPC 100-38900-79088-9. 100% fruit and exempt for sugars standards. | 1/4/24 | X | X | |
| General Mills | Betty Crocker Fruit Roll-ups, Blastin' Berry Hot Colors, 0.5 oz | 0.5 | 14 | FG | 50 | 1 | 18.0% | 0.50 | 9.0% | 55 | 2 | 4 | 28.2% | yes | yes | yes | HPC, Sysco, Thurston | Code 11566000; UPC 0-16000-11566-8; Case (96 count) 100-16000-11566-5 | 12/21/23 | X | X | |
| General Mills | Betty Crocker Fruit Roll-ups, Crazy Colors, 0.5 oz | 0.5 | 14 | FG | 50 | 1 | 18.0% | 0.50 | 9.0% | 55 | 2 | 4 | 28.2% | yes | yes | yes | HPC, Sysco, Thurston | Code 11561000; UPC 0-16000-11561-3; Case (96 count) 100-16000-11561-0 | 12/21/23 | X | X | |
| General Mills | Betty Crocker Fruit Roll-ups, Strawberry Blast, 0.5 oz | 0.5 | 14 | FG | 50 | 1 | 18.0% | 0.50 | 9.0% | 55 | 2 | 4 | 28.2% | yes | yes | yes | HPC, Sysco, Thurston | Code 29162000; UPC 0-16000-29162-1; Case (96 count) 100-16000-29162-8 | 12/21/23 | X | X | |
| General Mills | Betty Crocker Scooby-Doo Fruit Flavored Snacks, 0.9 oz | 0.9 | 26 | FG | 70 | 0 | 0.0% | 0 | 0.0% | 30 | 5 | 8 | 31.4% | yes | yes | yes | HPC, Sysco, Thurston | Code 11510000; UPC 0-16000-11510-1; Case (96 count) UPC 100-16000-11510-8 | 12/21/23 | X | X | X |
| General Mills | Mott's Fruit-Flavored Snacks, Assorted Fruit, 1.6 oz | 1.6 | 45 | FG | 130 | 0 | 0.0% | 0 | 0.0% | 65 | 9 | 14 | 30.9% | yes | yes | yes | HPC, Sysco, Thurston | Coe 47954000; UPC 0-16000-47954-8; Case (144 count) UPC 100-16000-47954-5 | 12/21/23 | X | X | X |
| General Mills | Mott's Fruit-Flavored Snacks, Mixed Berry, 1.6 oz | 1.6 | 45 | FG | 130 | 0 | 0.0% | 0 | 0.0% | 65 | 9 | 14 | 30.9% | yes | yes | yes | HPC, Sysco, Thurston | Code 47953000; UPC 0-16000-47953-1; Case (144 count) UPC 100-16000-47953-8 | 12/21/23 | X | X | X |
| Knouse Foods | Musselman's Squeezables, Unsweetened Applesauce, Applesauce On-the-Run, 3.17 oz pouch | 3.17 | 90 | FG | 45 | 0 | 0.0% | 0.0 | 0.0% | 0 | 0 | 8 | 8.9% | yes | yes | yes | Sysco, Thurston | UPC 0-03732-31178-1; Case (48 COUNT) UPC 200-37323-11781-2 | 1/11/24 | X | X | |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | |
|-----------------------------|---|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|--|--|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Knouse Foods | Musselman's Unsweetened Applesauce, Apple, 2 oz cup | 2 | 57 | FG | 25 | 0 | 0.0% | 0.0 | 0.0% | 5 | 1 | 6 | 10.6% | yes | yes | yes | Thurston | Code FFASU0150MUS01; Case UPC (144 count) 100-37323-11894-2 | 1/2/24 | X | X | |
| Knouse Foods | Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup | 4.5 | 128 | FG | 60 | 0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 12 | 9.4% | yes | yes | yes | Thurston | Code FASU1350MUS01 (11840); Case UPC (96 count) 100-37323-11840-9 | 1/2/24 | X | X | |
| Knouse Foods | Musselman's Unsweetened Applesauce, Apple, 4.5 oz cup | 4.5 | 128 | FG | 60 | 0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 12 | 9.4% | yes | yes | yes | Thurston | Code FFASU1150MUS01; Case UPC Case (72 count) 100-37323-11841-6 | 1/2/24 | X | X | |
| Knouse Foods | Musselman's Unsweetened Cinnamon Applesauce, 4.5 oz cup | 4.5 | 128 | FG | 60 | 0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 12 | 9.4% | yes | yes | yes | | Code FASU1402MUS01 (18102); Case (96 count) UPC 100-37323-18102-1 | 1/2/24 | X | X | |
| Knouse Foods | Musselman's Unsweetened Mixed Berry Applesauce, 4.5 oz cup | 4.5 | 128 | FG | 60 | 0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 12 | 9.4% | yes | yes | yes | American Patriot Sales | UPC 0-03732-31146-1; Case (72 count) UPC 100-37323-11461-6 | 1/2/24 | X | X | |
| Knouse Foods | Musselman's Unsweetened Strawberry Applesauce, 4.5 oz cup | 4.5 | 128 | FG | 60 | 0 | 0.0% | 0.0 | 0.0% | 10 | 2 | 12 | 9.4% | yes | yes | yes | Thurston | Code FASU1403MUS01; Case (96 count) UPC 100-37323-18103-8 | 1/2/24 | X | X | |
| Materne North America Corp. | GoGo Squeeze Fruit Blend Snack Apple Apple, 1 pouch, 90 grams | 3.17 | 90 | FG | 70 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 3 | 13 | 14.5% | yes | yes | yes | MP&M Vending LLC | UPC 8-90000-00100-4; Case (18 count) UPC 008-48860-0055-2 | 3/11/25 | X | X | X |
| Materne North America Corp. | GoGo Squeeze Fruit Blend Snack Apple Cinnamon, 1 pouch, 90 grams | 3.17 | 90 | FG | 70 | 0.0 | 0.0% | 0.0 | 0.0% | 10 | 3 | 13 | 14.5% | yes | yes | yes | MP&M Vending LLC | UPC 8-90000-00104-2; Case (18 count) UPC 008-48860-00182-5 | 3/11/25 | X | X | X |
| McCain | McCain 1/4 inch Shoestring Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag | 2.25 | 64 | FG | 80 | 3.0 | 33.8% | 0.0 | 0.0% | 15 | 1 | <1 | 0.0% | yes | yes | yes | Thurston | Code MCX01. UPC 0-72714-24001-0; Case (six 4.5 pound bags) UPC 100-72714-24001-7. Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | McCain 3/8" Straight Cut Extra Long French Fries, 2.25 oz (1/2 cup) baked serving from bulk bag | 2.25 | 64 | FG | 70 | 2.0 | 25.7% | 0.0 | 0.0% | 15 | 1 | <1 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCX40; Case (six 5-pound bags) UPC 100-72714-24040-6 | 1/4/24 | X | X | |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | | |
|---------------------|--|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|--|---|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| McCain | McCain All American Deli Roasters Seasoned Diced Potatoes, 3.05 oz (1/2 cup) baked serving from bulk bag | 3.05 | 86 | FG | 120 | 3.0 | 22.5% | 0.0 | 0.0% | 90 | 2 | 0 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCF03927; Case (six 5-pound bags) UPC 100-72714-83927-3. Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | McCain Crispy Bakeable Seasoned Fries, 2.4 oz (1/2 cup) baked serving from bulk bag | 2.4 | 68 | FG | 100 | 3.5 | 31.5% | 0.0 | 0.0% | 150 | <1 | 0 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCX04717; Case (six 5-pound bags) UPC 100-72714-04717-3. Approval is for BAKED product only. | 1/4/24 | X | X | X |
| McCain | McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag | 3.12 | 88 | FG | 70 | 0.5 | 6.4% | 0.0 | 0.0% | 90 | 1 | <1 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCF04851; Case (four 4-pound bags) UPC 100-72714-04851-4. Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | McCain Farmer's Kitchen Chopped Roasted Redskin Potatoes with Rosemary & Garlic, 3.12 oz (1/2 cup) baked serving from bulk bag | 3.14 | 89 | FG | 100 | 2.0 | 18.0% | 0.0 | 0.0% | 180 | 2 | 2 | 2.2% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCF04851; Case (four 4-pound bags) UPC . Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | McCain Harvest Splendor Sweet Potato Cross Trax Cut Fries, 3.02 oz (1/2 cup) baked serving from bulk bag | 3.02 | 86 | FG | 160 | 6.0 | 33.8% | 1.0 | 5.6% | 190 | 1 | 8 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCF05074. Case (six 15-pound bags) UPC 100-72714-05074-6. Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | McCain Ovations Reduced Sodium 3/8" Crinkle Cut French Fries, 2.06 oz (1/2 cup) baked serving from bulk bag | 2.06 | 58 | FG | 90 | 3.5 | 35.0% | 0.5 | 5.0% | 25 | <1 | 0 | 0.0% | yes | yes | yes | HPC, PFG Springfield, Sysco CT, Thurston | Code MCF03761; Case (six 5-pound bags) UPC 100-72714-93761-0. Approval is for BAKED product only. | 1/4/24 | X | X | |
| McCain | Ore-Ida Reduced Sodium Tater Tots Shaped Potatoes, 2.52 oz (1/2 cup) baked serving from bulk bag | 2.52 | 71 | FG | 90 | 3.5 | 35.0% | 0 | 0.0% | 160 | 2 | <1 | 0.0% | yes | yes | yes | HPC, Thurston | Code 1000002789; Case (six 5-pound bags) | 1/4/24 | X | X | |
| National Food Group | Zee Zee's Chili Lime Cruncherz Roasted Chickpeas, individually wrapped, 0.75 oz package | 0.75 | 21 | FG | 100 | 3 | 27.0% | 0 | 0.0% | 120 | 4 | 1 | 4.7% | yes | yes | yes | Ace Endico, National Food Group, Thurston, Gordon Food Service | Item Number 617613; Case (250 count) UPC 208-10358-03255-4 | 1/16/24 | X | X | X |
| National Food Group | Zee Zee's Fava Bean Crisps, Churro, individually wrapped, 1.5 oz package | 1.5 | 43 | FG | 190 | 7 | 33.2% | 1 | 4.7% | 30 | 12 | 4 | 9.4% | yes | yes | yes | Ace Endico, National Food Group, Thurston, Gordon Food Service | Item Number 622356; Case (175 count) UPC 208-10358-03506-7 | 1/16/24 | X | X | X |
| National Food Group | Zee Zee's Ranch Cruncherz Roasted Chickpeas, individually wrapped, 0.75 oz package | 0.75 | 21 | FG | 100 | 3 | 27.0% | 0 | 0.0% | 75 | 4 | 1 | 4.7% | yes | yes | yes | Ace Endico, National Food Group, Thurston, Gordon Food Service | Item Number 617612; Case (250 count) UPC 208-10358-03254-7 | 1/16/24 | X | X | X |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | | |
|---------------------|---|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|--|--|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| National Food Group | Zee Zee's Roasted Chickpeas, Kettle Corn, individually wrapped, 0.75 oz package | 0.75 | 21 | FG | 90 | 2.5 | 25.0% | 0 | 0.0% | 110 | 5 | 2 | 9.4% | yes | yes | yes | Ace Endico, National Food Group, Thurston, Gordon Food Service | Item Number 621356; Case (250 count) UPC 208-10358-03431-2 | 1/16/24 | X | X | X |
| National Food Group | Zee Zee's Sea Salt Cruncherz Roasted Chickpeas, individually wrapped, 0.75 oz package | 0.75 | 21 | FG | 90 | 3 | 30.0% | 0 | 0.0% | 140 | 4 | 1 | 4.7% | yes | yes | yes | Ace Endico, National Food Group, Thurston, Gordon Food Service | Item Number 617611; Case (250 count) UPC 208-10358-03253-0 | 1/16/24 | X | X | X |
| Peterson Farms | Apple Sauce Cinnamon, Unsweetened, 1/2 cup pouch | 4.44 | 126 | FG | 60 | 0 | 0.0% | 0 | 0.0% | 0 | 1 | 11 | 8.7% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10038; UPC 8-82266-10094-2; Case (108 count) | 9/19/24 | X | X | |
| Peterson Farms | Apple Sauce Original, Unsweetened, 1/2 cup pouch | 4.44 | 126 | FG | 50 | 0 | 0.0% | 0 | 0.0% | 0 | <1 | 12 | 9.5% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10037; UPC 8-82266-10093-5; Case (108 count) | 9/19/24 | X | X | X |
| Peterson Farms | Apple Sauce Strawberry, Unsweetened, 1/2 cup pouch | 4.44 | 126 | FG | 60 | 0 | 0.0% | 0 | 0.0% | 0 | 1 | 11 | 8.7% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10039; UPC 8-82266-10095-9; Case (108 count) | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Birthday Cake, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 50 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10027; Case (96 count) UPC 8-82266-10075-1 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Blue Raspberry, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 50 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10008; Case (96 count) UPC 8-82266-10072-0 | 9/19/24 | | X | |
| Peterson Farms | Treats Apple Sauce Cinnamon, Unsweetened, 4.5 oz | 4.5 | 128 | FG | 50 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10013; Case (96 count) UPC 8-82266-10065-2 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Mixed Berries, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 60 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10020; Case (96 count) UPC 8-82266-10070-6 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Original, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 50 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10001; Case (96 count) UPC 8-82266-10064-5 | 9/19/24 | X | X | |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | |
|----------------|---|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|--------------------------------|---|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Peterson Farms | Treats Apple Sauce Peach, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 60 | 0.00 | 0.0% | 0.00 | 0.0% | 5 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10017; Case (96 count) UPC 8-82266-10068-3 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Sour Apple, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 60 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 2 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10028; Case (96 count) UPC 8-82266-10077-5 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Sour Cherry, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 70 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 2 | 13 | 10.2% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10046; Case (96 count) UPC 8-82266-10096-6 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Strawberry Banana, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 60 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 2 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10015; Case (96 count) UPC 8-82266-10067-6 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Strawberry, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 60 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 11 | 8.6% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10014; Case (96 count) UPC 8-82266-10066-9 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Sauce Watermelon, Unsweetened, 4.5 oz plastic cup | 4.5 | 128 | FG | 50 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 12 | 9.4% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #ASA10018; Case (96 count) UPC 8-82266-10073-7 | 9/19/24 | X | X | |
| Peterson Farms | Treats Apple Slices, 1.5 cup serving from bulk 1-pound bag | 4.94 | 140 | FG | 70 | 0 | 0.0% | 0 | 0.0% | 0 | 4 | 15 | 10.7% | yes | yes | yes | Ace Endico, Driscoll, Thurston | Bulk 1 pound UPC 8-82266-10050-8; Case (10 count) 208-82266-10050-2 | 12/29/23 | X | X | X |
| Peterson Farms | Treats Apple Slices, 2 oz bag | 2 | 57 | FG | 30 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 1 | 6 | 10.6% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #203102; Case (100 count) UPC 8-82266-11002-6 | 12/29/23 | X | X | |
| Peterson Farms | Treats Apple Slices, 3 oz bag | 3 | 85 | FG | 45 | 0 | 0.0% | 0 | 0.0% | 0 | 2 | 9 | 10.6% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #203120; UPC 8-82266-10048-5; Case (100 count) 108-82266-10051-5 | 12/29/23 | X | X | |
| Peterson Farms | Treats Apple Slices, 4 oz bag | 4 | 113 | FG | 60 | 0 | 0.0% | 0 | 0.0% | 0 | 3 | 12 | 10.6% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #203108; Commodity MFG #210006; Case (75 count) UPC 8-82266-10062-1 | 12/29/23 | X | X | X |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | |
|---------------------------|--|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|--------------------------------|---|-------------------------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| Peterson Farms | Treats Green Apple Slices, 2 oz bag | 2 | 57 | FG | 30 | 0.00 | 0.0% | 0.00 | 0.0% | 0 | 2 | 5 | 8.8% | yes | yes | yes | Ace Endico, Driscoll, Thurston | MFG #203127; Case (100 count) UPC 8-82266-10047-8 | 12/29/23 | X | X | |
| Promotion in Motion, Inc. | Welch's Fruit Snacks with Fiber, Berries N Cherries, 1.55 oz package | 1.55 | 44 | FG | 130 | 0 | 0.0% | 0 | 0.0% | 15 | 3 | 15 | 34.1% | yes | yes | yes | | UPC 0-34856-01592-5; Case (144 count) UPC 100-34856-14492-9 | 1/18/24 | | X | X |
| Promotion in Motion, Inc. | Welch's Fruit Snacks with Fiber, Mixed Fruit, 1.55 oz package | 1.55 | 44 | FG | 130 | 0 | 0.0% | 0 | 0.0% | 15 | 3 | 15 | 34.1% | yes | yes | yes | | UPC 0-34856-01598-7; Case (144 count) UPC 100-34856-14498-1 | 1/18/24 | | X | X |
| Red Gold, LLC | Red Gold Marinara Sauce Dipping Cup, 2.5 oz cup | 2.5 | 71 | FG | 40 | 0 | 0.0% | 0 | 0.0% | 200 | 2 | 4 | 5.6% | yes | yes | yes | HPC, Thurston | Code REDNA2Z; Case (84 count) UPC 800-72940-82207-9 | 12/22/23 | X | X | |
| Red Gold, LLC | Red Gold Mild Salsa Dipping Cup, 3 oz plastic cup | 3 | 85 | FG | 25 | 0 | 0.0% | 0 | 0.0% | 195 | 0 | 3 | 3.5% | yes | yes | yes | HPC, Thurston | UPC 0-07294-01113-9; Case (168 count) UPC 400-72940-11139-7 | 1/10/24 | X | X | |
| Sun-maid | Raisins, 1.33 oz box | 1.33 | 38 | FG | 120 | 0 | 0.0% | 0 | 0.0% | 5 | 2 | 27 | 71.6% | yes | yes | yes | HPC, Thurston | Item 5970; Case (144 count) UPC 0-40202-0000-0. 100% fruit and exempt for sugars standards. | 12/28/23 | X | X | |
| Sun-maid | Sour Raisin Snacks, Mixed Berry, 1.33 oz package | 1.33 | 38 | FG | 110 | 0 | 0.0% | 0 | 0.0% | 10 | 2 | 24 | 63.7% | yes | yes | yes | Waypoint | Item 5088; Case (200 count) UPC 100-41143-05088-7. 100% fruit and exempt for sugars standards. | 12/28/23 | X | X | |
| Sun-maid | Sour Raisin Snacks, Strawberry, 1.33 oz package | 1.33 | 38 | FG | 110 | 0 | 0.0% | 0 | 0.0% | 10 | 2 | 24 | 63.7% | yes | yes | yes | Waypoint | Item 5086. Case (200 count). 100% fruit and exempt for sugars standards. | 12/28/23 | X | X | |
| Sun-maid | Sour Raisin Snacks, Strawberry, 1.33 oz package | 1.33 | 38 | FG | 110 | 0 | 0.0% | 0 | 0.0% | 10 | 2 | 24 | 63.7% | yes | yes | yes | Waypoint | Item 5086; Case (200 count). 100% fruit and exempt for sugars standards. | 12/28/23 | X | X | |
| Sun-maid | Sour Raisin Snacks, Watermelon, 1.33 oz package | 1.33 | 38 | FG | 110 | 0 | 0.0% | 0 | 0.0% | 10 | 2 | 24 | 63.7% | yes | yes | yes | Waypoint | Item 5087; Case (200 count) UPC 100-41143-05087-0. 100% fruit and exempt for sugars standards. | 12/28/23 | X | X | |

List of Acceptable Foods and Beverages
List 11: Fruits and Vegetables

List 11: Fruits and Vegetables includes commercial products that meet the CNS fruits and vegetables category, such as fresh, frozen, canned, and dried fruits and vegetables.

Exempt from all CNS nutrient standards: 1) fresh and frozen fruits and vegetables with no added ingredients except water; 2) canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup, or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and fats (including chemically altered fat substitutes); and 3) low sodium/no salt added canned vegetables with no added fats, nonnutritive sweeteners, or sugar alcohols. These foods are identified in the "Product code and notes" column below.

Exempt from sugars standards: Dried whole fruits or vegetables, dried whole fruit or vegetable pieces, and dehydrated fruits or vegetables, all without added sweeteners (including nutritive sweeteners, nonnutritive sweeteners, and sugar alcohols), and fats (including (including chemically altered fat substitutes). These products are identified as "**100% fruit and exempt for sugars standards**" in the "Product code and notes" column.

| | | | | | | | | | | | | | | | | | Better Choice Recommendations | | | | | |
|--------------|--|----------------------------------|--------------------|--|----------------|---------|---------------------------|-------------------|-------------------------------------|----------------------|-----------|-------------------------|--------------------------|--|---|---------------------------|-------------------------------|---|-------------|---------------------------------|-----------------------------|-----------------------------|
| Manufacturer | Food item description | Package or serving size (ounces) | Weight (grams [g]) | General Standard met: 1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF) | Calories: ≤200 | Fat (g) | % Calories from fat: ≤35% | Saturated fat (g) | % Calories from Saturated fat: <10% | Sodium (mg): ≤200 mg | Fiber (g) | Total sugars (g): ≤15 g | % Sugars by weight: ≤35% | Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols | Standard met: No chemically altered fat substitutes | Standard met: No caffeine | Vendors | Product code and notes | Review date | No artificial flavors or colors | No high fructose corn syrup | At least 2.5 grams of fiber |
| That's It | Crunchables, Apple + Blueberry Crunchables, 0.35 oz pouch | 0.35 | 10 | FG | 40 | 0 | 0.0% | 0 | 0.0% | 40 | 2 | 7 | 70.5% | yes | yes | yes | That's It | Item Number 4404BL-300; UPC 8-10090-99137-5; Case (300 count) UPC 108-10090-99136-2. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Crunchables, Apple + Cinnamon Crunchables, 0.35 oz pouch | 0.35 | 10 | FG | 40 | 0 | 0.0% | 0 | 0.0% | 40 | 2 | 7 | 70.5% | yes | yes | yes | That's It | Item Number 4404AP-300; UPC 8-10090-99129-0; Case (300 count) UPC 108-10090-99129-7. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Crunchables, Apple + Strawberry Crunchables, 0.35 oz pouch | 0.35 | 10 | FG | 40 | 0 | 0.0% | 0 | 0.0% | 40 | 2 | 7 | 70.5% | yes | yes | yes | That's It | Item Number 4404ST-300; UPC 8-10090-99136-8; Case (300 count) UPC 108-10090-99136-5. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Crunchables, Apple Crunchables, 0.35 oz pouch | 0.35 | 10 | FG | 40 | 0 | 0.0% | 0 | 0.0% | 0 | 2 | 7 | 70.5% | yes | yes | yes | That's It | Item Number 4404CN-300; UPC 8-10090-99135-1; Case (300 count) UPC 108-10090-99135-8. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Fruit Bar Mini, Apple MiniFruit Bar, 0.8 oz bar | 0.8 | 23 | FG | 70 | 0 | 0.0% | 0 | 0.0% | 15 | 1 | 12 | 52.9% | yes | yes | yes | That's It | Item Number 1504AP-300; UPC 8-10090-99127-6; Case (300 count) UPC 108-10090-99127-3. 100% fruit and exempt for sugars standards. | 8/2/24 | X | X | |
| That's It | Fruit Bar Mini, Apple MiniFruit Bar, 0.8 oz bar | 0.8 | 23 | FG | 70 | 0 | 0.0% | 0 | 0.0% | 15 | 1 | 12 | 52.9% | yes | yes | yes | That's It | Item Number 1504AP-300; UPC 8-10090-99127-6; Case (300 count) UPC 108-10090-99127-3. 100% fruit and exempt for sugars standards. | 8/2/24 | X | X | |
| That's It | Fruit Bar, Apple + Banana Fruit Bar, 1.08 oz bar | 1.08 | 31 | FG | 90 | 0 | 0.0% | 0 | 0.0% | 15 | 2 | 17 | 55.5% | yes | yes | yes | That's It | Item Number 1504BA-250; UPC 8-10090-99126-9; Case (300 count) UPC 108-10090-99126-6. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Fruit Bar, Apple + Cinnamon Fruit Bar, 1.08 oz bar | 1.08 | 31 | FG | 90 | 0 | 0.0% | 0 | 0.0% | 25 | 2 | 17 | 55.5% | yes | yes | yes | That's It | Item Number 1504CN-250; UPC 8-10090-99134-1; Case (300 count) UPC 108-10090-99134-4. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |
| That's It | Fruit Bar, Apple + Mango Fruit Bar, 1.08 oz bar | 1.08 | 31 | FG | 90 | 0 | 0.0% | 0 | 0.0% | 15 | 2 | 15 | 49.0% | yes | yes | yes | That's It | Item Number 1504MG-250; UPC 8-10090-99128-3; Case (300 count) UPC 108-10090-99128-0. 100% fruit and exempt for sugars standards. | 7/25/24 | X | X | |